



MAPLE STREET CONGREGATIONAL CHURCH, UCC
HEALTH AND HUMAN SERVICES SUNDAY
January 30, 2022 · Fourth Sunday After Epiphany

WELCOME

Rev. Pam Cochrane

PRELUDE

Ji Hye Jung

CALL TO WORSHIP

One: O God of Change and Stillness, of Wounds and Repair,

All: in you we find our sense of balance—a place to land and to breathe.

One: May we grow our attention towards that which gives life,

All: and cultivate connections of community and care.

One: May grace touch all that changes us,

All: and all that we hold unfold with peace.

One: May we gather in this space claiming healing as our birthright,

All: and bring with us the medicines of service and compassion.

One: On this Health and Human Service Sunday, let us come together to transform ourselves to transform the world,

**All: and move like living water—ever adapting, ever faithful,
ever full of all that can be. Amen.**

***OPENING HYMN**

Love Divine, All Loves Excelling

Black No. 43

INVOCATION & MEDITATION

O God of Flesh and Bone, your Word echoes deep within us

And turns our heartbeat into a song.

May we linger for a moment in this embodied blessing.

Let us pray...

I invite you to rub your hands together and create some heat between them.

Bring to life the movement of our Creator, the Spark of All Life, into your hands.

Feel the heat you just created.

Now place your hands on your chest.

Feel the rhythm of your heartbeat, notice the warmth you brought to your heart space.

Take a deep breath to simply feel yourself alive in this moment.

Perhaps, imagine your heart within the heart of Christ.

Perhaps, envision your ancestors at your back, how you have generations behind you.

Now once again, rub your hands together, and then open them up.

Feel the coolness of air caress them, the wind of the Spirit hover over them.

May this blessing take shape in us and all that we hold.

May we enter this time with an embodied awareness of God's sacredness within us.

Amen.

**Please stand as you are able.*

A LITANY FOR COLLECTIVE CARE

One: O Great Flow of Life, who feels our inhale and exhale all in the same breath,

All: anchor us in your assurance.

One: May our exhaustion collapse into your arms,

All: to be held, to be lifted, to be known in our wholeness.

One: May we rest in the alignment of this moment,

All: in the abundance of you and our right to belong.

One: O Liberator of Loneliness, who cuts down privilege and recenters the margins, you
have shown us how

All: to be free is to be beloved.

One: Because there is strength in vulnerability and wisdom in intimacy,

All: to be free is to be beloved.

One: As white blood cells rally to a cut and mushrooms cleanse the forest ground,

All: to be free is to be beloved.

One: Like the midwife catching a baby and a chaplain sitting vigil with the dying,

All: to be free is to be beloved

One: Because we are found in the web that lifts us,
not the bootstraps that bind us down,

All: to be free is to be beloved.

One: Where the City of God is irresistible and its sweetness of justice satisfies,

All: to be free is to be beloved.

One: Because resurrections never go unwitnessed and they heal brokenhearted,

All: to be free is to be beloved.

One: As species with needs and offerings, who give and receive alike,

All: we are not meant to live this life alone.

One: So, let us hold fast to our God in between us,

All: to the collective of care alongside us today. Amen.

ANTHEM

A Loving Heart
Chancel Choir

Timothy Bushong

CHILDREN'S MESSAGE

"Hold My Hand"

Rev. Pam Cochrane

PRAYERS OF THE PEOPLE

Karen Kilty

In the name of Christ, who is the Way, and calls us to justice, we pray, saying...

LORD’S PRAYER (UNISON)

**Our Father, who art in heaven, hallowed be thy name,
Thy kingdom come. Thy will be done on earth as it is in heaven.
Give us today our daily bread. Forgive us our trespasses, as we forgive those who
trespass against us. And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever, Amen.**

CALL TO OFFERING

PRAYER OF DEDICATION (UNISON)

**O God of loaves and fishes,
of bread and of wine,
we bring before you our diversity of gifts,
knowing that they will be multiplied for the benefit of many.
O God of resurrection,
who makes all things new,
accept our offering to both give and receive,
trusting that there is abundance in togetherness,
and generosity in you. Amen.**

***DOXOLOGY (UNISON)**

**Believe, with a hopeful heart!
Believe, and shine your light!
Believe, because the song we sing is sung for all!
Give thanks with a grateful heart, give thanks to the Holy One,
give thanks because he’s given Jesus Christ his son.
And now let the weak say, “I am strong;”
Let the poor say, “I am rich because of what our God has done for us.” Believe!**

SCRIPTURE READINGS— 1 Cor. 13:1-13 & Luke 4:21-30

Karen Kilty

SERMON

“Pushed to the Limits”

Rev. Pam Cochrane

***HYMN OF RESPONSE**

Community of Christ

Black No. 314

BENEDICTION

POSTLUDE

Ji Hye Jung

*Our Worship together concludes with the Benediction.
The Postlude is transitional music which inspires us as we go forth as
disciples to serve God and one another. Worship has ended.
Our Service Begins. . .*

*The altar flowers are in loving memory of
Marjorie & Charles Spear and Dodie & Joe Sauer
Given by Deborah & Jeff Sauer
and the chancel flowers are in loving memory of
Janett Lavender
Given by the Lavender and Tobin Families*

*The steeple is lit this week in loving memory of
Jannett Lavender
Given by the Lavender & Tobin families*

Maple Street Congregational Church, UCC

90 Maple Street, Danvers, MA 01923
978-774-4510 · info@maplestreetchurch.org ·
www.maplestreetchurch.org

Morning Worship Service — Sundays at 10am

Zoom Prayer & Table Worship — Tuesdays at 6pm

Zoom Bible Study — Thursdays at 12noon

Church Office Hours: Monday - Friday: 10 am – 1 pm